



Fitzpatrick Scale

Print Name: _____

Date: _____

To Be Filled Out by Patient

Please circle all answers that apply to you

						Score
What color are your eyes?	Light blue / Gray / Green (0)	Gray / Green (1)	Blue / Hazel (2)	Brown (3)	Dark Brown / Black (4)	
What is your natural hair color?	Sandy / Red (0)	Blonde (1)	Light Brown / Dark Blonde (2)	Dark Brown (3)	Black (4)	
What color is your skin? (unexposed areas)	Reddish (0)	Very Pale (1)	Pale / Beige (2)	Light Brown (3)	Dark Brown (4)	
Do you have freckles on unexposed areas?	Many (0)	Several (1)	Few (2)	Incidental (3)	None (4)	
What would happen if you stayed out in the sun too long?	Pain. Redness. Blistering. Peeling. (0)	Blistering followed by peeling (1)	Burn sometimes followed by peeling (2)	Rare to burn (3)	Never burns (4)	
Does your skin burn with sun exposure?	Yes, easily. (0)	Yes, somewhat easily (1)	Mild burn (2)	No. Not easily, mostly tan (3)	Not at all. I only tan (4)	
Do you ever turn tan/brown after several hours of sun exposure?	Never (0)	Seldom (1)	Sometimes (2)	Often (3)	Always (4)	
How sensitive is your face to the sun?	Very Sensitive (0)	Sensitive (1)	Normal (2)	Very Resilient (3)	Never Sensitive (4)	
When did you last expose the area to be treated to the sun? (Artificial or Natural)	More than 3 months ago (0)	2-3 months ago (1)	1-2 months ago (2)	Less than a month ago (3)	Less than 2 weeks ago (4)	
How frequently do you expose the area to be treated to the sun? (Artificial or Natural)	Never (0)	Hardly ever (1)	Sometimes (2)	Often (3)	Always (4)	

Your ethnicity and certain health conditions may affect your laser treatments. Please check all that apply to you:

- Native American, more than ¼
- Asian
- Polycystic Ovarian Syndrome
- Thyroid problems

The following are reasons to absolutely NOT undergo laser treatments. Please check all that apply to you:

- Pregnant
- Pacemaker, AICD, or other electronic implant



*****To Be Filled Out By Provider*****

SKIN TYPE SCORES	
Total: Genetic Disposition	
Total: Reaction to Sun Exposure	
Total: Tanning Habits	
OVERALL SCORE	

SKIN TYPE SCORE	FITZPATRICK SKIN TYPE
0-7	I
8-16	II
17-25	III
25-30	IV
OVER 30	V-VI

FITZPATRICK SKIN TYPING SCALE				
SKIN TYPE	SKIN COLOR	HAIR & EYE COLOR	REACTION TO SUN	COMON ETHNIC CATERGORIES
I	White	Blonde & green	Always burns, freckles	English, Scottish
II	White	Blonde & blue	Always burns, freckles, difficult to tan	Northern European
III	White	Blonde/Brown & blue/green	Tans after several burns, may freckle	German
IV	Brown	Brown & brown/hazel	Tans more than average, rarely burns, rarely freckles	Mediterranean, southern European, Hispanic
V	Dark brown	Brown/black & brown	Tans with ease, rarely burns, no freckles	Asian, Indian. Some African
VI	Black	Black and brown/black	Tans, never burns, deeply pigmented, freckles never	African

Provider Signature: _____

Date: _____